



FLOWERSHOP *Café*





BREAKFAST & BRUNCH

Green Benedict | 22,500

English muffin, avocado mash, sauteed spinach, poached egg, parmesan cheese served with a rocca pesto

Flowershop English Breakfast | 26,000

Classic combination of eggs cooked your way, pork bacon or chicken sausage, potato hash, beans, avocado, mushrooms, tomatoes, & brioche toast served with a complimentary americano coffee

Ekaro Breakfast | 25,500

Plantain basket with Nigerian style beans cooked in a tomato sauce with coconut milk topped with eggs cooked your way and served with a side of chicken sausage

The Omelettes | 23,500

- Brie stuffed omelette
- Egg white omelette stuffed with ricotta served with sausage beef patties, our tomato sauce, avocado & bread

The Breakfast Sandwich | 21,500

- Bagel
- Croissant

served with cream cheese, avocado, tomato, bacon & eggs cooked your way

FSC. English Muffin Duo | 21,500

Savory egg muffin served with a sausage patty, fried egg, bacon & mushroom topped with cheese

Sweet egg muffin served with whipped peanut butter, blueberry jam & banana

The Waffle

Smoked salmon topped with a cream cheese mousse, avocado, poached egg & bacon crumbs | 25,700

Fried chicken strips, served with a cider apple vinegar butter | 24,500

Shakshouka | 18,500

Poached eggs served in a spicy tomato sauce served with bread and topped with feta cheese

Avocado Toast

Flat croissant toast - avocado mash, poached eggs, parmesan cheese & arugula | 22,000

Sourdough toast - avocado mash, poached eggs, crispy kale & chilli jam | 19,500

Breakfast Burrito | 21,500

Scrambled eggs, minced meat, cheese, avocado, black beans, corn & red bell pepper in a tortilla wrap

Egg Quesadilla | 20,700

tortilla wrap, scrambled eggs, sauteed mixed vegetables & yellow cheddar cheese. Served with a side salad

Lebanese Breakfast Plate | 22,500

Labneh, scrambled eggs, grilled halloumi, mini manakish mix, vegetables and bread basket

Sweet tooth

French Toast | 15,800

Plain french toast

Nutella stuffed french toast served with a side of whipped mascarpone, fresh mixed fruits & maple syrup

Classic Pancakes | 14,700

Plain pancake stack

Blueberry pancake stack served with a side of maple syrup, Nutella & berries

Açaí Bowl | 18,900

Açaí berries, raspberries, bananas, coconut milk, mixed berries topped with coconut flakes, cacao nibs, chia seeds, bananas & berries

Tropical Bowl | 16,300

Mango or pineapple mixed frozen smoothie topped with banana, chia seeds, berries & coconut flakes

Signature Waffle | 16,800

Waffle served with salted caramel apple sauce & whipped cream

Cinnamon waffle with a cinnamon maple sauce & whipped cream

Extra sides

Egg	2,500
Avocado	2,500
Chicken Sausage	5,300
Bacon	6,300
Smoked Salmon	8,800

Croissants

Plain	5,300
Pain au Chocolat	6,000
Salmon Scrambler	17,500
Turkey & Cheese	21,600
Cheese	12,000
Nutella	9,000

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BITES

Shawarma Taco | 18,500

Your choice of:

Beef shawarma

Chicken shawarma

and all the bits and bobs that come with it

Lamb Rolls | 14,200

Slow-braised lamb spring rolls encased in flaky pastry served with yoghurt dipping sauce (5pcs)

Yalla Mezza | 16,800

A trio of mezza plate with hummus dip, sambousik, fattayer, falafel served with crudités & pita bread

Whipped Feta | 13,500

Whipped feta dip served with pistachios, pomegranate seeds & a drizzle of honey served with toasted zaatar sourdough

Seafood Basket | 20,500

Battered fried prawns, calamari and veg basket served with a homemade aioli dip

Prawn Croquettes | 17,500

Fried prawn balls with sesame oil & spices served with a dipping soya sauce

Chicken Wings | 16,500

Crispy fried chicken wings served with your choice of sauce:

- Buffalo (breaded)
- Provençale sauce

African Plate | 22,500

Plate of beef & chicken suya, fried plantain & vegetarian spring rolls

Spicy Potato | 12,800

Crispy potatoes topped with a homemade harissa spice & served with homemade mayo

Classic Falafel | 13,500

Fried chickpea balls, pita bread & tahini sesame seed sauce

SALADS

Falafel Salad | 20,500

Mixed greens, cherry tomatoes, radishes, beetroot, baby carrots, grilled red onions, fried chickpea balls served with a tahini sesame seed dressing & grilled pita bread

Quinoa Salad | 19,800

Mediterranean style quinoa salad with tomatoes, cucumbers, mint, basil, red onions, pine nuts, grilled eggplant, avocado & balsamic dressing

Chicken | 21,500 Prawn | 22,500

FSC. Caesar Salad | 19,500

Iceberg, romaine lettuce, parmesan cheese with a classic cesare salad dressing and croutons

Chicken | 21,500 Prawn | 22,500

Goat Cheese Salad | 22,500

Mixed greens, beetroots, clementines, avocado, cherry tomatoes, toasted almonds & our FS clementine Dijon mustard vinaigrette

Bangkok Beef Salad | 21,000

Marinated seared beef, vermicelli noodles, bell peppers, carrots, Chinese cabbage & an Asian dressing with peanuts

Chimichuri Beef Salad | 30,500

Mixed greens, Beef slices, Sprouts, served with a chimichuri dressing

Mexican Salad | 20,500

Romaine lettuce, grilled corn, avocado, black beans, red onions, tomatoes, radishes, avocado mash & a lemon olive oil dressing

Chicken | 21,800 Prawns | 23,000

Smoked Salmon Salad | 27,000

Mixed greens, smoked salmon, edamame, avocado & a ponzu oil dressing

Seafood Salad | 41,500

Mixed seafood grilled, apple, avocado, celery, tomato served with a lemon oil dill sauce

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Chicken Burger | 25,500

Brioche bun, crispy chicken, rocket leaves, garlic aioli, buffalo sauce & a smoked apple coleslaw

Signature Cheeseburger | 30,000

Brioche bun, Australian beef patty, cheddar cheese, lettuce, tomato & caramelized onions

Falafel Wrap | 18,000

Tortilla wrap, fried chickpea balls, pickles, tomatoes & a tahini sesame seed sauce

Smoked Salmon Bagel | 23,000

Smoked salmon, cream cheese, lemon & arugula leaves

Lamb Wrap | 22,500

Sweet potato wrap, slow cooked lamb belly, pomegranate seed, almond & spinach

Chicken Caesar Wrap | 25,500

Grilled chicken, ceasar dressing, iceberg lettuce in a tortilla wrap

FS Club Sandwich | 25,900

Chicken, pesto, sun-dried tomatoes, egg, cheese, bacon or turkey ham served with potato wedges

PANINIS

Tuna Melt Panini | 20,500

Tuna, chives, white cheddar cheese & homemade mayonnaise

The Caprese | 19,000

Pesto, tomato & mozzarella

Turkey Ham & Cheese Panini | 24,300

Turkey ham, mozzarella, mustard & rocca

Chicken Pesto Panini | 20,500

Marinated chicken, homemade mayonnaise & mozzarella cheese

SOURDOUGHS

The Steak | 21,500

Beef fillet slices, caramelized onions, rocca, grilled bell peppers & a herb mayo sauce

Add cheese | 3,500

The Shredded Chicken | 20,800

Baked marinated shredded chicken, jalapeño mayo, rocca & cheddar cheese

The Veg | 19,500

Grilled zucchini, grilled eggplant, tomatoes, avocado, mixed greens & homemade pesto

Halloumi cheese | 4,000

SANDWICHES & MAINS

Penne Pasta | 21,500

Your choice of:

Creamy pesto sauce

Roasted tomato sauce

Mushroom cream sauce

Chicken | 23,200 Prawn | 25,200

The Curry | 22,500

Homemade curry sauce served with basmati rice, a side of boiled egg, papaya, pineapple, naan & chutney

Chicken | 25,000 Prawn | 26,000

Chicken Pot Pie | 25,500

Chicken, braised leeks, mushrooms, potatoes topped with a puff pastry lid & a side of green salad

Mama Africa Rice Pot | 28,000

Our jollof inspired rice dish with peas, carrots, prawns, calamari, fried plantain & a spicy tomato sauce

Chimichuri Lamb Chops | 43,500

Grilled South African lamb chops, mashed potatoes & a chimichurri sauce

Beef Lasagna | 23,000

Layered pasta sheets cooked with a béchamel, bolognese sauce & a side of green salad

Croaker Fish | 32,500

Grilled fish served with potatoes, olives tomatoes, mussels & a basil oil sauce

Beef Fillet (S.A.) | 41,500

Grilled 200g fillet, mash potato, sautéed greens & a beef reduction sauce

• Ribeye (250 g) | 82,000

Grilled Salmon | 43,000

Salmon filet, sautéed vegetables & a red bell pepper sauce served with a side of white rice or mash potato

Jumbo Prawns | 37,500

Grilled marinated prawns & a side of baked sweet potatoes

*Ask for the suya version

Cornbeef Shepherds pie | 29,500

Cornbeef, minced meat topped with a plantain & sweet potato mash served with a side salad,

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EXTRA SIDES

Grilled Prawns	8,900
Grilled Chicken	6,900
Sautéed Vegetables	5,900
Jollof Rice	6,800
Fries	5,800
Sweet Potato Wedges	5,800
Mashed Potatoes	5,800

KIDS

Fish Fingers | 15,800

Fish fingers with tartar sauce & fries

Chicken Nuggets | 15,800

Homemade chicken nuggets & fries

Mini Burger | 15,800

Brioche bun with your choice of a beef or chicken patty & fries

Spaghetti Bolognese | 11,600

Spaghetti, minced meat and tomatoe sauce, parmesan

DESSERT

Chocolate Lava Cake | 14,500

Molten chocolate cake & vanilla ice-cream
Pistachio stuffed Molten cake option

Apple Crumble | 14,500

Baked apple crumble, salted caramel & vanilla ice-cream

Sticky Toffee Pudding | 14,500

Baked toffee pudding, sticky toffee sauce & vanilla ice-cream

Malva Pudding | 14,500

South African apricot cake, butter cream sauce & vanilla ice-cream

Tagliatelle Crêpe | 16,500

Crêpe served with white and milk chocolate sauce topped with vanilla ice-cream

Homemade Ice-Cream | 5,600

Nutella
Mango
Snickers
Pistachio
Orea
Vanilla

Cake selection from display fridge

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COFFEES

COLD

Iced Latte | 7,600

Shot of espresso, milk & ice

Caramel
Vanilla
Coconut
Cinnamon

Iced Americano | 5,200

Brewed coffee & ice

Iced Matcha Latte | 8,000

Matcha, milk & ice

Cafe Latte | 7,500

Espresso, steamed milk

Affogato | 8,400

Vanilla ice cream, espresso shot

Chai Latte | 6,800

Spiced black tea & steamed milk

Dirty Chai | 8,300

Chai latte, shot of espresso & ice

Frappuccino | 8,900

Shot of espresso, milk, ice & topped with whipped cream

Caramel
Vanilla
Hazelnut
Chocolate

Milkshake | 10,200

Caramel
Vanilla
Hazelnut
Chocolate
Strawberry
Oreo

Dirty Sailor Milkshake | 11,300

Gin, salted caramel, ice-cream & whipped cream

Macchiato | 6,000

Shot of espresso & a splash of milk

Espresso | 5,200

One shot of espresso

Double Espresso | 6,500

Two shots of espresso

HOT

Americano | 5,200

Brewed coffee

Caramel Macchiato | 7,200

Shot of espresso, splash of milk & caramel

Cappuccino | 6,900 | 7,500

Shot of espresso, steamed milk & foam

Long Macchiato | 6,600

Shot of espresso & milk

Flat White | 6,900

Shot of espresso & steamed milk

Mochaccino | 7,600

Shot of espresso with chocolate, milk & foam

Cafe Latte | 7,500

Espresso, steamed milk

Beetroot Latte | 7,500

Steamed milk & fresh beetroot shot

Turmeric Latte | 8,000

Steamed milk & turmeric shot

Matcha Latte | 8,000

Steamed milk & matcha powder

Hot Chocolate | 8,200

Homemade chocolate ganache, milk & whipped cream

Lebanese Coffee | 6,000

Finely ground traditional arabica brewed coffee

Dirty Chai | 8,200

Chai latte, shot of espresso

Chai Latte | 6,000 | 6,700

Spiced black tea & steamed milk

Tea | 6,300

Your choice from our tea selection

Infusions | 6,300

Your choice of fresh mint or ginger infused in hot water

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JUICES

Golden Glow | 8,300

Carrot, pineapple, turmeric & ginger

Mean Green | 8,300

Kale, spinach, parsley, celery, apple, cucumber & lime

Beet It | 8,300

Beetroot, orange, pineapple

OCB | 8,300

Orange, carrot, beetroot, apple, ginger & cinnamon

The Classics | 8,300

- Apple
- Orange
- Pineapple
- Carrot
- Watermelon

The Papaya | 8,300

Papaya, pineapple & orange

Immune Boost | 8,900

Watermelon, pineapple, lime & kiwi

Bottled Juice | 10,000

All our juices are pressed daily

SMOOTHIES

Guilt-Free Strawberry | 10,000

Banana, strawberry & coconut milk

Pineapple Kale | 10,000

Kale, pineapple, banana, peanut butter, coconut milk & honey

Banana Butter | 10,000

Banana, coconut milk, almond butter, peanut butter, protein powder & maca powder

Chocoloco | 10,000

Banana, cacao, honey, peanut butter, melted chocolate & almond milk

Tropi Baobab | 10,000

Pineapple, tropical fruits, coconut milk & baobab

DRINKS

Water | 2,100 | 3,000

Perrier | 4,000

Coca-Cola | 3,000

Fanta | 3,000

Sprite | 3,000

BOOSTER SHOTS

Super Shot | 5,300

Lime, ginger, apple cider vinegar, cayenne pepper & turmeric

Apple Shot | 5,300

Apple, apple cider vinegar, cinnamon & ginger

MOCKTAILS

Chapman | 8,400

Our take on the famous Nigerian mocktail made with grenadine syrup, bitters, Fanta, Sprite, orange juice & lemon

Lemonade | 7,600

Our twist on the sweetened lemon-flavored beverage with fresh lemon & a homemade syrup with orange blossom water

Minted Lemonade | 7,600

Our twist on the sweetened lemon-flavored beverage with fresh lemon & a homemade syrup with orange blossom water & fresh mint

Iced tea | 7,400

Your choice of fresh homemade iced tea

All alcoholic cocktails are also available as mocktails | 7,600

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COCKTAILS

Blueberry Mojito | 9,900

Lime, white rum, sugar, mint & blueberries

Blackberry Gin Basil | 9,900

Lemon juice, gin, basil & blackberries

Piña Colada | 9,900

Pineapple juice, white rum & coconut cream

Aperol Spritz | 9,900

Prosecco, aperol, orange juice & soda water

Richards Long Island | 10,500

Vodka, tequila, light rum, triple sec, gin, orange juice & soda water. Contains fruits & pineapples

Ogogoro Island | 9,900

Ogogoro, pineapple juice & lime wedges

Pedro Special | 9,000

Ogogoro, Malibu rum, lemon juice & red wine

Old Fashioned | 9,900

Sugar with bitters & whiskey

Moscow Mule | 9,900

Ginger beer, vodka & lime juice

Shaken Martini | 9,900

Vodka, dry vermouth, lemon twist & olive

Sex On The Beach | 9,900

Vodka, peach schnapps, orange & cranberry juice

Aperol Spritz | 9,900

Aperol, prosecco, orange juice & soda water

Margarita | 9,900

Tequila, orange liqueur & lime juice

Sangria | 9,900

Wine & mixed fruits

Classic Side Car | 9,900

Brandy, orange liqueur & lemon juice

House wine by the glass | 9,800

Red or white

RED WINES

Lanzerac Syrah | 60,500

Delaire Graff Shiraz | 68,500

Bruce Jack Cabernet Sauvignon | 50,500

Bruce Jack Merlot | 47,500

Bruce Jack Pinotage | 47,500

Villa Alvor Mixed Blend | 51,500

Villa D Maria Rufo Mixed Blend | 51,500

The Vinoneers Eternal 8 Mixed Blend | 53,500

Apostle Mixed blend | 41,000

Santa Rita Malbec | 40,500

Villa Antinori Rosso Mixed Blend | 62,000

Red Tempranillo Mixed Blend | 32,500

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ROSE WINES

Casal Garcia | 29,500

Villa Alvor | 49,500

Tulipa Rose | 40,000

SWEET WINES

Casal Garcia White | 39,000

Casal Garcia Red | 39,000

PROSECCOS

The Independent Brut | 46,500

The Independent Rosé | 46,500

Mary J Blige Brut | 78,500

Prosecco by the Glass | 10,500

WHITE WINES

Tokara Sauvignon Blanc | 46,000

Atatraxia Sauvignon Blanc | 51,500

Tokara Reserve Chardonnay | 51,000

Santa Rita Chardonnay | 32,500

Tokara Chardonnay | 39,000

Villa Antinori Bianco Mixed Blend | 63,000

Santa Christina Pinot Grigio | 54,000

Villa Alvor Mixed Blend | 46,000

Casal Garcia Mixed Blend | 28,000

CHAMPAGNES

Moët Brut Imperial | 360,000

Moët Nectar Imperial | 420,000

Moët Rosé | 450,000

Veuve Brut | 360,000

Veuve Rosé | 436,000

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