

FLOWERSHOP Cafe







Green Benedict | 22,500

English muffin, avocado mash, sauteed spinach, poached egg, parmesan cheese served with a rocca pesto

Flowershop English Breakfast | 26,000

Classic combination of eggs cooked your way, pork bacon or chicken sausage, potato hash, beans, avocado, mushrooms, tomatoes, & brioche toast served with a complimentary americano coffee

Ekaro Breakfast | 25,500

Plantain basket with Nigerian style beans cooked in a tomato sauce with coconut milk topped with eggs cooked your way and served with a side of chicken sausage

The Omelettes | 123,500

- Brie stuffed omelette
- Egg white omelette stuffed with ricotta served with sausage beef patties, our tomato sauce, avocado & bread

The Breakfast Sandwich | 21,500

- Bagel
- Croissant

served with cream cheese, avocado, tomato, bacon & eggs cooked your way

FSC. English Muffin Duo | 21,500

Savory egg muffin served with a sausage patty, fried egg, bacon & mushroom topped with cheese

Sweet egg muffin served with whipped peanut butter, blueberry jam & banana

The Waffle

Smoked salmon topped with a cream cheese mousse, avocado, poached egg & bacon crumbs | 25,700 $\,$

Fried chicken strips, served with a cider apple vinegar butter | 24,500

Shakshouka | 18,500

Poached eggs served in a spicy tomato sauce served with bread and topped with feta cheese

Avocado Toast

Flat croissant toast - avocado mash, poached eggs, parmesan cheese & arugula | 22,000

Sourdough toast – avocado mash, poached eggs, crispy kale & chilli jam | 19,500

Breakfast Burrito | 21,500

Scrambled eggs, minced meat, cheese, avocado, black beans, corn & red bell pepper in a tortilla wrap

Egg Quesadilla | 20,700

tortilla wrap, scrambled eggs, sauteed mixed vegetables & yellow cheddar cheese. Served with a side salad

Lebanese Breakfast Plate | 22,500

Labneh, scrambled eggs, grilled halloumi, mini manakish mix, vegetables and bread basket

Sweet tooth

French Toast | 15,800

Plain french toast Nutella stuffed french toast served with a side of whipped mascarpone, fresh mixed fruits & maple syrup

Classic Pancakes | 14,700

Plain pancake stack Blueberry pancake stack served with a side of maple syrup, Nutella & berries

Açaí Bowl | 18,900

Açaí berries, raspberries, bananas, coconut milk, mixed berries topped with coconut flakes, cacao nibs, chia seeds, bananas & berries

Tropical Bowl | 16,300

Mango or pineapple mixed frozen smoothie topped with banana, chia seeds, berries & coconut flakes

Signature Waffle | 16,800

Waffle served with salted caramel apple sauce & whipped cream
Cinnamon waffle with a cinnamon maple sauce & whipped cream

Extra sides

Egg	2,500
Avocado	2,500
Chicken Sausage	5,300
Bacon	6,300
Smoked Salmon	8,800

Croissants

Plain	5,300
Pain au Chocolat	6,000
Salmon Scrambler	17,500
Turkey & Cheese	21,600
Cheese	12,000
Nutella	1 9.000





BITES

Shawarma Taco | 18,500

Your choice of:
Beef shawarma
Chicken shawarma
and all the bits and bobs that come with it

Lamb Rolls | 14,200

Slow-braised lamb spring rolls encased in flaky pastry served with yoghurt dipping sauce (5pcs)

Yalla Mezza | 16,800

A trio of mezza plate with hummus dip, sambousik, fattayer, falafel served with crudités & pita bread

Whipped Feta | 13,500

Whipped feta dip served with pistachios, pomegranate seeds & a drizzle of honey served with toasted zaatar sourdough

Seafood Basket | 20,500

Battered fried prawns, calamari and veg basket served with a homemade aïoli dip

Prawn Croquettes | 17,500

Fried prawn balls with sesame oil & spices served with a dipping soya sauce

Chicken Wings | 16,500

Crispy fried chicken wings served with your choice of sauce:

- Buffalo (breaded)
- Provençale sauce

African Plate | 22,500

Plate of beef & chicken suya, fried plantain & vegetarian spring rolls

Spicy Potato | 12,800

Crispy potatoes topped with a homemade harissa spice & served with homemade mayo

Classic Falafel | 13,500

Fried chickpea balls, pita bread & tahin sesame seed sauce

SALADS

Falafel Salad | 20,500

Mixed greens, cherry tomatoes, radishes, beetroot, baby carrots, grilled red onions, fried chickpea balls served with a tahini sesame seed dressing & grilled pita bread

Quinoa Salad | 19,800

Mediterranean style quinoa salad with tomatoes, cucumbers, mint, basil, red onions, pine nuts, grilled eggplant, avocado & balsamic dressing

Chicken | 21,500 Prawn | 22,500

FSC. Ceasar Salad | 19,500

lceberg, romaine lettuce, parmesan cheese with a classic cesare salad dressing and croutons

Chicken | 21,500 Prawn | 22,500

Goat Cheese Salad 122,500

Mixed greens, beetroots, clementines, avocado, cherry tomatoes, toasted almonds & our FS clementine Dijon mustard vinaigrette

Bangkok Beef Salad 121,000

Marinated seared beef, vermicelli noodles, bell peppers, carrots, Chinese cabbage & an Asian dressing with peanuts

Chimichuri Beef Salad 130,500

Mixed greens, Beef slices, Sprouts, served with a chimichuri dressing

Mexican Salad 1 20,500

Romaine lettuce, grilled corn, avocado, black beans, red onions, tomatoes, radishes, avocado mash & a lemon olive oil dressing

Chicken | 21,800 Prawns | 23,000

Smoked Salmon Salad | 27,000

Mixed greens, smoked salmon, edamame, avocado & a ponzu oil dressing

Seafood Salad | 41,500

Mixed seafood grilled, apple, avocado, celery, tomato served with a lemon oil dill sauce



Chicken Burger | 25,500

Brioche bun, crispy chicken, rocket leaves, garlic aïoli, buffalo sauce & a smoked apple colestaw

Signature Cheeseburger | 30,000

Brioche bun, Australian beef patty, cheddar cheese, lettuce, tomato & caramelized onions

Falafel Wrap | 18,000

Tortilla wrap, fried chickpea balls, pickles, tomatoes & a tahini sesame seed sauce

Smoked Salmon Bagel | 23,000

Smoked salmon, cream cheese, lemon & arugula leaves

Lamb Wrap | 22,500

Sweet potato wrap, slow cooked lamb belly, pomegranate seed, almond & spinach

Chicken Ceasar Wrap | 125,500

Grilled chicken, ceasar dressing, iceberg lettuce in a tortilla wrap

FS Club Sandwich | 25,900

Chicken, pesto, sun-dried tomatoes, egg, cheese, bacon or turkey ham served with potato wedges

PANINIS

Tuna Melt Panini | 20,500

Tuna, chives, white cheddar cheese & homemade mayonnaise

The Caprese | 19,000

Pesto, tomato & mozarello

Turkey Ham & Cheese Panini | 24,300

Turkey ham, mozarella, mustard & rocca

Chicken Pesto Panini | 20,500

Marinated chicken, homemade mayonnaise & mozzarella cheese

SOURDOUGHS

The Steak | 21,500

Beef fillet slices, carametized onions, rocca grilled bell peppers & a herb mayo sauce Add cheese | 5,000

The Shredded Chicken | 20,800

Baked marinated shredded chicken, jalapeño mayo, rocca & cheddar cheese

The Veg | 19,500

Grilled zucchini, grilled eggplant, tomatoes, avocado, mixed greens & homemade pesto

Halloumi cheese | 4,000

SANDWICHES & MAINS

Penne Pasta | 21,500

Your choice of: Creamy pesto sauce Roasted tomato sauce Mushroom cream sauce

Chicken | 23,200 Prawn | 25,200

The Curry | 22,500

Homemade curry sauce served with basmati rice, a side of boiled egg, papaya, pineapple naan & chutney

Chicken | 25,000 Prawn | 26,000

Chicken Pot Pie | 125,500

Chicken, braised leeks, mushrooms, potatoes topped with a puff pastry lid & a side of green salad

Mama Africa Rice Pot | 28,000

Our jollof inspired rice dish with peas, carrots, prawns, calamari, fried plantain & a spicy tomato sauce

Chimichuri Lamb Chops | 143,500

Grilled South African lamb chops, mashed potatoes & a chimichurri sauce

Beef Lasagna | 23,000

Layered pasta sheets cooked with a béchamel, bolognese sauce & a side of green salad

Croaker Fish | 32,500

Grilled fish served with potatoes, olives tomatoes, mussels & a basil oil sauce

Beef Fillet (S.A.) | 41,500

Grilled 200g fillet, mash potato, sautéed greens & a beef reduction sauce • Ribeye (250 g) | 82,000

Grilled Salmon | 43,000

Salmon filet, sautéed vegetables & a red bell pepper sauce served with a side of white rice or mash potato

Jumbo Prawns | 37,500

Grilled marinated prawns & a side of baked sweet potatoes

*Ask for the suya version

Cornbeef Shepherds pie | 29,500

Cornbeef, minced meat topped with a plantain & sweet potato mash served with a side salad,





EXTRA SIDES

Grilled Prawns	8,900
Grilled Chicken	6,900
Sautéed Vegetables	5,900
Jolloff Rice	6,800
Fries	5,800
Sweet Potato Wedges	5,800
Mashed Potatoes	5,800
Potato Wedges	6,500

KIDS

Fish Fingers | 15,800

Fish fingers with tartar sauce & fries

Chicken Nuggets | 15,800

Homemade chicken nuggets & fries

Mini Burger | 15,800

Brioche bun with your choice of a beef or chicken patty & fries

Spaghetti Bolognese | 11,600

Spaghetti, minced meat and tomatoe sauce, parmesan

DESSERT

Chocolate Lava Cake | 14,500

Molten chocolate cake & vanilla ice-cream Pistachio stuffed Molten cake option

Apple Crumble | 14,500

Baked apple crumble, salted caramel & vanilla ice-cream

Sticky Toffee Pudding | 14,500

Baked toffee pudding, sticky toffee sauce & vanilla ice-cream

Malva Pudding | 14,500

South African apricot cake, butter cream sauce & vanilla ice-cream

Tagliatelle Crêpe | 16,500

Crêpe served with white and milk chocolate sauce topped with vanilla ice-cream

Homemade Ice-Cream | 5,600

Nutella Mango Snickers Pistachio Oreo Vanilla

Cake selection from display fridge

COFFEES COLD Iced Latte | 7,600 HOT Americano | 5,200 Brewed coffee **Iced Americano** | 5,200 Caramel Macchiato | 7,200 Brewed coffee & ice Shot of espresso, splash of milk & caramel Cappuccino | 6,900 | 7,500 Iced Matcha Latte | 8,000 Matcha, milk & ice Long Macchiato | 6,600 Cafe Latte | 7,500 Shot of espresso & milk Espresso, steamed milk

Affogato | 8,400
Vanilla ice cream, espresso shot

Chai Latte | 6,800

Dirty Chai | 8,300 Chai latte, shot of espresso & ice

Frappucino | 8,900

Shot of espresso, milk, ice & topped with whipped cream

Caramel Vanilla Hazelnut Chocolate

Milkshake | 10,200

Caramel Vanilla Hazelnut Chocolate Strawberry Oreo

Dirty Sailor Milkshake | 11,300

Gin, salted caramel, ice-cream & whipped cream

Macchiato

ato | 6,000

Shot of espresso & a splash of milk

Espresso | 5,200 One shot of espresso

Double Espresso | 6,500

Two shots of espresso

Flat White | 6,900

Shot of espresso & steamed milk

Mochaccino | 7,600

Shot of espresso with chocolate, milk & foam

Cafe Latte | 7,500 Espresso, steamed milk

Beetroot Latte | 7,500

Steamed milk & fresh beetroot shot

Turmeric Latte | 8,000 Steamed milk & turmeric shot

Matcha Latte | 8,000 Steamed milk & matcha powder

Hot Chocolate | 8,200

Homemade chocolate ganache, milk & whipped cream

Lebanese Coffee | 6,000

Finely ground traditional arabica brewed coffee

Dirty Chai | 8,200 Chai latte, shot of espresso

onal ratto, onot or coproce

Chai Latte | 6,000 | 6,700 Spiced black tea & steamed milk

Tea | 6,300

Your choice from our tea selection

Infusions | 6,300

Your choice of fresh mint or ginger infused in hot water



Golden Glow | 8,300

Carrot, pineapple, turmeric & ginger

Mean Green | 8,300

Kale, spinach, parsley, celery, apple, cucumber & lime

Beet It | 8,300

Beetroot, orange, pineapple

OCB | 8,300

Orange, carrot, beetroot, apple, ginger & cinnamon

The Classics | 8,300

- Apple
- Orange
- Pineapple
- Carrot
- Watermelon

The Papaya | 8,300

Papaya, pineapple & orange

Immune Boost | 18,900

Watermelon, pineapple, lime & kiwi

Bottled Juice | 10,000

All our juices are pressed daily

SMOOTHIES

Guilt-Free Strawberry | 10,000

Pineapple Kale | 10,000

Kale, pineapple, banana, peanut butter, coconut milk & honey

Banana Butter | 10,000

Banana, coconut milk, almond butter, peanu butter, protein powder & maca powder

Chocoloco | 10,000

Banana, cacao, honey, peanut butter, melted chocolate & almond milk

Tropi Baobab | 10,000

Pineapple, tropical fruits, coconut milk & baobab

DRINKS

 Water
 | 2,100 | 3,000

 Perrier
 | 4,000

 Coca-Cola
 | 3,000

 Fanta
 | 3,000

 Sprite
 | 3,000

BOOSTER SHOTS

Super Shot | 5,300

Lime, ginger, apple cider vinegar, cayenne pepper & turmeric

Apple Shot | 5,300

Apple, apple cider vinegar, cinnamon & ginger

MOCKTAILS

Chapman | 9,500

Our take on the famous Nigerian mocktail made with grenadine syrup, bitters, Fanta, Sprite, orange juice & lemon

Lemonade | 9,500

Our twist on the sweetened lemon- flavored beverage with fresh lemon $\&\ a$ homemade syrup with orange blossom water

Minted Lemonade | 9,500

Our twist on the sweetened lemon-flavored beverage with fresh lemon & a homemade syrup with orange blossom water & fresh mint

Iced tea | 9,500

Your choice of fresh homemade iced tec

All alcoholic cocktails are also available as mocktails | 1,9,500



Blackberry Gin Basil | 13,000

Lemon juice, gin, basil & blackberries

Piña Colada | 13,000

Pineapple juice, white rum & coconut cream

Aperol Spritz | 13,000

Prosecco, aperol, orange juice & soda water

Richards Long Island | 16,000

Vodka, tequila, light rum, triple sec, gin, orange juice & soda water. Contains fruits & pineapples

Ogogoro Island | 13,000

Ogogoro, pineapple juice & lime wedges

Pedro Special | 13,000

Ogogoro, Malibu rum, lemon juice & red wine

Old Fashioned | 13,000

Sugar with bitters & whiskey

Moscow Mule | 13,000 Ginger beer, vodka & lime juice

Shaken Martini | 13,000

Vodka, dry vermouth, lemon twist & olive

Sex On The Beach | 13,000

Vodka, peach schnapps, orange & cranberry juice

Margarita | 13,000

Tequila, orange liqueur & lime juice

Sangria [13,000

Wine & mixed fruits

Classic Side Car | 13,000

Brandy, orange liqueur & lemon juice

House wine by the glass | 110,000

Red or white

RED WINES

Lanzerac | 60,500 Syrah

Bruce Jack 1 50,500 Cabernet Sauvignon

Bruce Jack | 47,500
Merlot

Bruce Jack | 47,500 Pinotage

Villa Alvor | 51,500 Mixed Blend

Villa D Maria Rufo I 51,500 Mixed Blend

The Vinoneers Eternal 8 190,000
Mixed Blend

Santa Rita

Malbec | 40,500

Villa Antinori Rosso | 90,000 Mixed Blend

Red Tempranillo | 136,000 Mixed Blend



Tokara [60,000

Casal Garcia | 41,000

Villa Alvor | 49,500

Tulipa Rose | 30,000

SWEET WINES

Casal Garcia White

39,000

Casal Garcia Red

| 39,000

PROSECCOS

The Independent Brut 175,000

The Independent Rosé | 175,000

Diane Brut 195,000

by the Glass | 10,500

WHITE WINES

Tokara Sauvignon Blanc | 60,000

Ataraxia Sauvignon Blanc 80,000

Diemersdal Reserve

90,000

Santa Rita Chardon<u>nay</u>

Chardonnay

| 35,000

Tokara

60,000

Chardonnay

Villa Antinori Bianco Mixed Blend

90,000

Santa Christina Pinot Grigio 70,000

Villa Alvor

Mixed Blend

| 54,000

Casal Garcia Mixed Blend 42,000

CHAMPAGNES

Moët Brut Imperial

| 250,000

Moët Nectar Imperial

280,000

Moët Rosé

330,000

Veuve Brut

290,000

Veuve Rosé

350,000



